



POST TREATMENT FOR ROOT CANAL

We want you to be comfortable after your root canal treatment. It is possible that your tooth will be sore up to 5 days. This is due in part to the previous condition of your tooth and the root canal treatment. This is a perfectly normal reaction. And is no indication as to the outcome of your root canal. In order to assist the healing process, we strongly recommend that you follow these instructions.

TODAY:

1. Take 200 mg of ibuprofen at breakfast, lunch, dinner and bedtime (this should be sufficient to keep inflammation down).
2. Frequently soaking the area with approximately ½ teaspoon of table salt in 4 to 5 oz. of warm water will also be helpful.
3. While the tooth is tender, avoid chewing in the area.
4. Follow any other specific instructions for these conditions we have given you.

It is normal for a thin layer of the temporary filling to be chewed away. Should all of the temporary filling come out, please call the office.

IF YOU HAVE ANY QUESTIONS OR CONCERNS, PLEASE CONTACT OUR OFFICE AT: 806.698.6684